



## FERTIL-PRO LQ + Resveratrol

<b>NPN</b>	80060492	<b>FORMAT</b>	180 Capsules
<b>INDICATIONS</b>	Fertil Pro LQ + Resveratrol is a source of antioxidants which helps preserve women's health. This formula is specifically designed to reduce symptoms of endometriosis in addition to optimizing the functions of the uterus and ovary.	<b>DOSAGE</b>	2 Capsules 3 times daily for 3 to 6 months
<b>WARNINGS / PRECAUTIONS</b>	Consult a health care practitioner before use if you are pregnant, if you are taking medication to lower blood pressure or if you are taking blood thinners		

### COMPOSITION

Coenzyme Q10.....	100 mg
L-Arginine.....	600 mg
Resveratrol.....	30 mg

### DOCUMENTATION

CoQ10 helps to modulate oxidative stress (reduces oxidation) and serves as a source of energy for cellular metabolism. L-arginine is a substrate for nitric oxide synthase, the enzyme responsible for the production of nitric oxide. Increased nitric oxide production may increase endometrial blood flow and endometrial receptivity. The Resveratrol is a natural compound that helps limit the development of endometriosis.

#### COENZYME Q10: UBIQUINONE – 10, UBIDÉCARÉNONE

Coenzyme Q10 is a vitamin-like substance that serves as an energy source and an antioxidant. There is a gradual, age-related decline in the tissue levels of CoQ10. Endometrial implants can reach the ovary and consequently alter the quality of eggs. Coenzyme Q10, as a nutritional supplement, may improve ovarian function<sup>1</sup>.

#### L-ARGININE: AMINOIMINOMÉTHYL, ACIDE PENTANOÏQUE

L-Arginine is an essential amino acid and a precursor in nitric oxide metabolism. L-Arginine improves follicular and endometrial blood flow and may enhance embryo implantation. L-Arginine containing supplements can improve overall female fertility (including IVF outcomes in poor responder patients) and may restore gonadal function in patients with PCOS<sup>2</sup>.

#### RESVÉRATROL: 3,5,4'-TRIHYDROXY-TRANS-STILBENE

Resveratrol is a natural compound extracted from plants and fruits, with anti-proliferative and anti-inflammatory properties, which interfere with the pathophysiology of endometriosis<sup>3,4</sup>. The proliferation of endometrial implants in the peritoneal cavity, and inflammation associated with this phenomenon, are targeted by resveratrol, which thereby improves the quality of life for women with endometriosis<sup>5-13</sup>.

## RÉFÉRENCES

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